

Risk Assessment Method Statements (RAMS)

Suitability

The Management of Health and Safety at Work Regulations 1999 reinforce the Health and Safety Act 1974. The regulations place a set of duties on employers and employees to maintain a safe and healthy workplace. This in-depth course is designed to provide delegates with a practical understanding of how to conduct and record Risk Assessments & Method Statements in accordance with current legislation. Ideally suitable for anyone interested in or are going to be on a risk assessment team or will be acting in accordance with a risk assessment process and will be involved in the writing of risk assessment and method statement operations. This programme requires no previous experience.

Aims

- Understand why carrying out a risk assessment is essential for improving health and safety.
- Understand the types of injuries and ill-health that occur as a result of failing to manage health and safety.
- Have an awareness of the legal responsibilities placed on employers and employees when carrying out risk assessments.
- Understand each of the five key steps of the risk assessment process.
- Feel confident carrying out suitable and sufficient risk assessments of their workplace and work activities.

Content

- What is a Risk Assessment and why is it important?
- Main causes of accidents and ill health – Accident Triangle
- Implications for people in the workplace
- Legal requirements for risk assessments and enforcement
- Principles of Risk Assessments
 - Hazards, risks and control methods
 - The five steps of risk assessment
 - The hierarchy of control
 - Risk assessment review and record keeping
- Safe System of Works and Method Statements outlined.
- COSHH assessment
- RAMS in the Construction Industry
- Practical risk assessment writing
- Written test (assessed)
- Summary and review

Learning Outcomes

After completion of this course, participants will be able to compile a generic and site-specific risk assessment.

Objectives

Employees and the self-employed have a legal duty to assess health and safety risks. This programme will allow all participants the ability to be able to contribute to the process and act to protect their own health and safety and that of others.

Learning Style

This programme is classroom based by PowerPoint and contains a mix of practical demonstrations with hands-on learning exercises.

Assessment Method

The participants will be assessed via multiple-choice open book assessment paper with a pass mark of 70%.

Duration

This programme is run over 1-day

Programme Cost

Member Rate £215
Non Member Rate £340